

ALASKA CHAPTER NATIONAL DOWN SYNDROME CONGRESS LIBRARY

Revised 3/05

The ACNDSC Library is kept at the home of Molly McCarthy, Board member, at 5460 E 112th Ave, Anchorage, AK 99516. Please contact Molly to check out library items, at 346-3475 or mollymccarthy@alaska.com

Library items may be checked out for 6 weeks, and renewed if necessary.

BOOK LIBRARY

Books for Adults- Alphabetical

A CIRCLE OF FRIENDS II: Bringing Love and Hope to Those With Down Syndrome, by Aunt Gini Mullaly & Deborah Saxton-Bolt, 2000. A compilation of articles and parent testimonials on Targeted Nutritional Intervention, breastfeeding & therapies.

A PARENT'S GUIDE TO DOWN SYNDROME: Toward a Brighter Future, by Siegfried M. Pueschel, 1990. Highlights developmental stages from infancy to adolescence.

A SPECIAL KIND OF HERO: The Star of "Life Goes On" Tells His Remarkable Story, by Chris Burke & Jo Beth McDaniel, 1991.

ABOVE YOUR DREAMS GOD HAS A PLAN, by Pam Burke & Lesa Henderson, 1996. Pam Burke gave birth to twin boys with DS, one of who developed leukemia. This is a story of victorious faith despite overwhelming circumstances.

ADOLESCENTS WITH DOWN SYNDROME: Toward a More Fulfilling Life, by Siegfried M. Pueschel & Maria Sustrova, 1997. Specialized help for fostering the independence of teens with DS. (2 copies)

ALTERNATIVE APPROACHES TO ASSESSING YOUNG CHILDREN, by Angela Losardo & Angela Notari-Syversen, 2001. Addresses the limitations of standardized assessment tools and offers alternative approaches; for birth to 8 years of age.

ANGEL UNAWARE by Dale Evans Rogers, 1953. Written in the voice of a little girl, talking to God about her (short) life. (2 copies)

ANOTHER SEASON: A Coach's Story of Raising an Exceptional Son, by Gene Stallings & Sally Cook, 1997. A touching story about the challenges and joys of raising a son with DS while at the same time coaching a national championship football team.

AWAKENING THE CHILD HEART: Handbook for Global Parenting, by Carla Hannaford, Ph.D., 2002. Explores the important role of play, sound and the heart for parenting and life-long joy and learning.

BABIES WITH DOWN SYNDROME: A New Parent's Guide, edited by Karen Stray-Gundersen, 2nd edition, 1995. Classic guide for new parents that covers all aspects of care for babies and children with DS. (2 copies)

BABY SIGNS: How to Talk With Your Baby Before Your Baby Can Talk, by Linda Acredolo & Susan Goodwyn, 1996. Simple step-by-step program for teaching children Baby Signs at home.

BACKYARDS AND BUTTERFLIES: Ways to Include Children with Disabilities in Outdoor Activities, by Doreen Greenstein 1995. Lots of ideas including parks, gardening, nature and animals.

BETHY AND THE MOUSE, A Father Remembers his Children with Disabilities, by Donald C. Bakely, 1997. A story about his two children, Bethy who has DS and her brother Matthew (the "Mouse") who was also disabled. Full of inspiration and hope.

BRAIN GYM: Simple Activities for Whole Brain Learning, by Paul E. & Gail E. Dennison, 1986.

BRAIN GYM: TEACHER'S EDITION (Revised), by Paul E. & Gail E. Dennison, 1994. The companion guide to the Brain Gym book, for parents, educators, and all others interested in the relationship between movement and whole-brain learning.

BUILDING INTEGRATION WITH THE IEP, by Buswell & Veneris, 1989. A short pamphlet intended to help parents take an active role to ensure integration.

CHANGE YOUR BRAIN, CHANGE YOUR LIFE: The Breakthrough Program for Conquering Anxiety, Depression, Obsessiveness, Anger and Impulsiveness, by Daniel G. Amen, M.D., 1998.

CHOOSING NAIA: A Family's Journey, by Mitchell Zuckoff, 2002. A family finds out halfway through a pregnancy that their unborn child has DS. Their journey through the world of pre-natal testing and the decision to keep their child. (2 copies)

CLASSROOM LANGUAGE SKILLS FOR CHILDREN WITH DOWN SYNDROME: A Guide for Parents and Teachers, by Libby Kumin, 2001. "Topics in Down Syndrome" Series. Addresses a child's language needs from K through Middle School.

COMMON THREADS: Celebrating Life with Down Syndrome, by Cynthia S. Kidder & Brian Skotko. A "coffee-table book" with beautiful photography and inspiring stories.

COMMUNICATION SKILLS IN CHILDREN WITH DOWN SYNDROME: A Guide for Parents, by Libby Kumin, 1994. "Topics in Down Syndrome Series". Information about speech and language development, strategies for improving communication in inclusive classrooms.

COUNT US IN: Growing Up With Down Syndrome, by Jason Kingsley & Mitchell Levitz, 1994. Two young men with DS speak in their own words about their lives and friendship. (2 copies)

DELICATE THREADS: Friendships Between Children With and Without Special needs in Inclusive Settings, by Debbie Staub, 1998. Based on long-term observation of seven pairs of friends.

DIFFERENCES IN COMMON: Straight Talk on Mental Retardation, Down Syndrome and Life, by Marilyn Trainer, 1991. A collection of essays by a mother with a son with DS.

DOWN IS UP FOR AARON EAGLE: A Mother's Spiritual Journey with Down Syndrome, by Vicki Noble, 1993. Vicki Noble shares her spiritual journey as the mother of a child with Down syndrome, a journey filled with brave and creative choices, life-affirming lessons and a special kind of spiritual wisdom.

DOWN SYNDROME: A Promising Future, Together, edited by Terry Hassold & David Patterson, 1999.

DOWN SYNDROME: Birth to Adulthood, Giving Families an EDGE, BY John E. Rynders & J. Margaret Horrobin, 1996. Case studies of families from the EDGE Project at the University of Minnesota.

DOWN SYNDROME: Growing and Learning, by Siegfried Pueschel, Claire Canning, Ann Murphy & Elizabeth Zausmer, 1984. Guide to further the physical, social, mental and emotional development of the child with DS. (2 copies)

DOWN SYNDROME: Living and Learning in the Community, edited by Lynn Nadel & Donna Rosenthal, 1995. Discusses full participation in community life, medical advances, services and programs.

DOWN'S SYNDROME: Psychological, Psychobiological and Socio- Educational Perspectives, edited by Jean A. Rondal, Juan Perera, Lynn Nadel & Annick Comblain, 1996. Presentations by international scholars and clinicians about six major areas from birth to aging.

DOWN SYNDROME: Successful Parenting of Children with Down Syndrome, by John F. Unruh, Ph.D., 1994. Supporting parents' efforts to meet the medical, nutritional, developmental and educational needs of their children with Down syndrome.

DOWN SYNDROME: Visions for the 21st Century, edited by William Cohen, Lynn Nadel & Myra Madnick, 2002. Comprehensive and up-to-date info on self-determination, education, advocacy and recent research developments. Wonderful parent testimonials.

EARLY COMMUNICATION SKILLS FOR CHILDREN WITH DOWN SYNDROME; A Guide for Parents and Professionals, by Libby Kumin, Ph.D., 2003. "Topics in Down Syndrome" Series. Updated, expanded version of Communication Skills in Children with Down Syndrome. Focuses on speech and language development from birth through the stage of 3 word phrases (often around the age of 5 or 6, but can occur later).

EFFECTIVE TEACHING STRATEGIES FOR SUCCESSFUL INCLUSION: A Resource Guide for Educators and Parents/ A Focus on Down Syndrome, by Barbara Tien, 1999. Information from the PREP Program, a Calgary based school and resource center for children with DS.

ERIC'S GIFT, by Kimberly Thompson, 1998. A mother's discovery of unconditional love in the 47th chromosome.

EXPECTING ADAM: A True Story of Birth, Rebirth and Everyday Magic, by Martha Beck, 1999. A woman's story about her pregnancy and amazing grace. (2 copies)

FAMILIES & POSITIVE BEHAVIOR SUPPORT: Addressing Problem behavior in Family Contexts, edited by Joseph M. Lucyshyn, Glen Dunlap & Richard W. Albin, 2002. This book helps families and practitioners make creative and appropriate use of positive behavior support (PBS), improving communication, behavior and quality of life for children with behavior challenges.

FAMILIES SPEAK OUT: International perspectives on families' experiences of disability, by Helle Mittler, 1995. Collection of quotations from families of persons with mental disabilities.

FINE MOTOR SKILLS IN CHILDREN WITH DOWN SYNDROME: A Guide for Parents and Professionals, by Maryanne Bruni, 1998. "Topics in Down Syndrome" Series. Easy- to-follow guide for children birth to age 12.

FOR THE LOVE OF MATTHEW; Growing Up With Down Syndrome, by Janice Credit Houska, 2002. A mother's view of raising a child with Down syndrome.

FOSTERING SELF-DETERMINATION: Activities, Lessons, Resources, 1996. Self-Determination Project, Anchorage, Alaska.

FROM EMOTIONS TO ADVOCACY: The Special Education Survival Guide, by Pam & Pete Wright, 2001. A roadmap to effective advocacy for your child.

FROM THE HEART: On Being the Mother of a Child with Special Needs, edited by Jayne DB Marsh. Nine mothers explore the emotional terrain of raising a child with special needs; the successes, setbacks, struggles and joys.

GROSS MOTOR SKILLS IN CHILDREN WITH DOWN SYNDROME: A Guide for Parents and Professionals, by Patricia C. Winders, 1997. "Topics in Down Syndrome" Series. Describes more than 100 easy-to-follow activities for children birth to age 6.

I AM THE CHILD: Using Brain Gym with Children who have Special Needs, by Cecilia K. Freeman & Gail E. Dennison, 1998. A movement-based program specifically designed for teachers and parents working with children with special needs.

IMPROVING THE COMMUNICATION OF PEOPLE WITH DOWN SYNDROME, by Jon Miller, Mark Leddy & Lewis Leavitt, 1999. Provides a framework for assessing and treating speech, language and communication problems in children and adults with DS. Parent Guides also available.

INCLUSION: Moving Beyond Our Fears, by the Center for Evaluation, Development & Research, phi Delta Kappa, 1994.

INCLUSION CONFUSION: A Guide to Educating Students with Exceptional Needs, by Fern Aefsky, 1995. Presents legalities, guidelines, strategies and techniques for inclusion.

INDIVIDUAL EDUCATION PLANS: Involved Effective Parents, by Alison B. Seyler & Barbara E. Buswell, 2001. An essential tool for both families and educators as they develop and implement IEP's.

IT TAKES TWO TO TALK: A Parent's Guide to Helping Children Communicate, by Ayala Manolson, 1992. An approach to overcoming barriers to good communication. Lots of ideas and activities.

KEYS TO PARENTING A CHILD WITH DOWN SYNDROME, by Marlene Targ Brill, 1993. Practical advice for parents and teachers. (2 copies)

MEDICAL & SURGICAL CARE FOR CHILDREN WITH DOWN SYNDROME: A Guide for Parents, by D.C. Van Dyke, Philip Mattheis, Susan Schoon Eberly & Janet Williams, 1995. Overview of medical conditions that are more common in children with DS.

MORE THAN SHARED CLASSROOMS: Educating Kids With and Without Disabilities Together Successfully, by Michael L. Remus & Bev Adcock, 1998. Helps parents plan their child's education in the general classroom.

MOVING ON WITHOUT PARENTS: Planning, transitions and sources of support for middle-aged and older adults with intellectual disability, by Christine Bigby, 2000. This book examines the nature and success of parental planning for the future care of adult children with intellectual disability.

MY GIFT: The Magic of a Special Child, by Daniela Geracitano Vance, 2002. A poem of love from a mother to her son Matthew, who has Down syndrome.

NEW APPROACHES TO DOWN SYNDROME, edited by Brian Stratford & Pat Gunn, 1996. Excellent chapters on history, law, medical and educational research, families and living in the community.

ONWARD, CRISPY SHOULDERS! An Extraordinary Life with an Extra Chromosome, by Mary Haakenson Perry, 2004. Perry writes about her brother Jim's life as part of their Alaskan homesteading family. Humorous, honest and inspiring. (2 copies)

OPENING DOORS: Connecting Students to Curriculum, Classmates and Learning, by Barbara E. Buswell, C. Beth Schaffner & Alison B. Seyler, 1999. Strategies for inclusion, based on the work of the PEAK Parent Ctr.

ORAL-MOTOR EXERCISES FOR SPEECH CLARITY, by Sara Rosenfeld-Johnson, 2001. A comprehensive, step-by-step guide for improving speech clarity, with an emphasis on muscle awareness and strength. A wonderful guide to share with your child's speech therapist. (2 copies)

THE HOMEWORK BOOK, by Sara Rosenfeld-Johnson, 2003. A companion book to Oral-Motor Exercises for Speech Clarity. It takes each of Sara's exercises and puts them into easy-to-follow homework sheets.

SCHOOLING CHILDREN WITH DOWN SYNDROME: Toward an Understanding of Possibility, by Christopher Kliever, 1998. Traces the history of community banishment and describes school contexts currently resisting traditions of segregation. (2 copies)

SEXUALITY: Your Sons and Daughters with Intellectual Disabilities, by Karin Melberg Schwier & Dave Hingsburger, 2000. Helping parents make sure their child develops healthy sexuality and a sense of self-confidence.

SHOW ME SOME MORE, by M & M Cianciulli, 2001. An engaging children's book written in rhyme at a second grade reading level, with a strong message of inclusion. It is the story of Sam, a boy with Down syndrome, as he journeys through a pet store in search of the perfect birthday gift.

SHOW ME SOME MORE: A SKILL BUILDER, by M & M Cianciulli & Sara Rosenfeld-Johnson, 2001. Multi-sensory activities to assess and track your child's development in four areas: sensory, speech and language, gross motor and fine motor.

SLEEP BETTER: A Guide to Improving Sleep for Children with Special Needs, by V. Mark Durand, Ph.D., 1998. How-to instructions for helping children with disabilities with problems ranging from bedtime tantrums to night waking, to get the rest they need.

SPECIAL SIBLINGS: Growing Up with Someone with a Disability, by Mary McHugh, 2003. This book weaves personal memories and reflections with relevant research and interviews with more than 100 other siblings and experts, to help readers understand the issues siblings may encounter in childhood, adolescence and adulthood.

STEPS TO INDEPENDENCE: Teaching Everyday Skills to Children with Special Needs, by Bruce L. Baker, Alan J. Brightman and others, 2004. A hands-on resource for teaching children from age 3 through young adulthood life skills (self-help, toilet training, play, self-care, home care, functional academic).

TEACHING MATH TO PEOPLE WITH DOWN SYNDROME AND OTHER HANDS-ON LEARNERS, Book 1, by DeAnna Horstmeier, Ph.D., 2004. Book 1 covers introductory math skills typically taught in preschool or elementary school, including number sense, calculator skills, measurements, place value, subtraction, time, counting, addition, shapes, money and recognizing and writing numerals.

TEACHING READING TO CHILDREN WITH DOWN SYNDROME: A Guide for Parents and Teachers, by Patricia Logan Oelwein, 1995. "Topics in Down Syndrome" Series. Describes a reading program that can be tailored to the individual.

TEACHING STRATEGIES FOR CHILDREN WITH DOWN SYNDROME: (K-3) A resource guide, 1996.

TEACHING THE INFANT WITH DOWN SYNDROME: A Guide for Parents and Professionals, by Marci J. Hanson, 1987. Teaching activities for infants in all areas of development; activities broken down into small steps.

THE DOWN SYNDROME NUTRITION HANDBOOK: A Guide to Promoting Healthy Lifestyles, by Joan E. Guthrie Medlen, 2002. Looks at all aspects of nutrition and healthy living for children with DS, from birth through young adulthood.

THE EYES OF RAYMOND HU, by Raymond Hu, 1996. Brush paintings by Raymond Hu, who has DS. His work has won numerous awards and has been exhibited widely. (2 copies)

THE NEW LANGUAGE OF TOYS: Teaching Communication Skills to Children with Special Needs, by Sue Schwartz, Ph.D., 2004. A guide for parents and professionals to encourage the use of play and toys to stimulate language development; appropriate from birth to age six.

THE PARAPROFESSIONAL'S GUIDE TO THE INCLUSIVE CLASSROOM: Working as a Team, by Mary Beth Doyle, 2002. An easy-to-use workbook to help paraprofessionals (such as aides and teacher's assistants) and educators work together effectively in inclusive classrooms.

THE SIBLING SLAM BOOK: What It's Really Like to Have a Brother or Sister with Special Needs, edited by Donald J. Meyer, 2005. The unedited words of 80 teenagers that reflect the complex and conflicted mix of emotions that come with being the sibling of someone with special needs.

THE SPECIAL-NEEDS READING LIST: An Annotated Guide to the Best Publications for Parents and Professionals, by Wilma K. Sweeney, 1998.

TIME TO BEGIN: Early Education for Children with Down Syndrome, by Valentine Dmitriev, 1982. A practical manual for guiding the development of children with DS from infancy through 2 years.

UNCOMMON FATHERS: Reflections on Raising a Child with a Disability, edited by Donald J. Meyer, 1995. A collection of essays by fathers of children with disabilities. Written by fathers for fathers.

UNDERSTANDING DOWN SYNDROME: An Introduction for Parents, by Cliff Cunningham, 1996. A book for parents and professionals covering all ages and aspects of DS. (2 copies)

UNDERSTANDING HOW CHILDREN WITH DOWN SYNDROME LEARN: Proven and Effective Techniques for Parents and Professionals, by Susan J. Peoples, 2003. A summary of the 1996 educational inclusion study from the NDSS. (2 copies)

VIEWS FROM OUR SHOES: Growing Up with a Brother or Sister with Special Needs, edited by Donald Meyer, 1997. A collection of 45 essays from boys and girls, ages four to eighteen, sharing what it's like to be the sibling of someone with a disability.

VISUAL STRATEGIES FOR IMPROVING COMMUNICATION: Vol 1: Practical Supports for School and Home, by Linda A. Hodgdon, 1997. Strategies to enhance communication interaction, for autism and other moderate to severe communication disorders.

WRIGHTSLAW; SPECIAL EDUCATION LAW: by Peter W.D. Wright & Pamela Darr Wright, 1999. A complete reference to Special Education, legal rights and responsibilities.

YOU AND YOUR BABY: Building Communication, by Girolametto & Ushycky, 1989. Suggestions and activities to enhance communication. In an easy format for copying.

YOU, YOUR CHILD AND "SPECIAL" EDUCATION: A Guide to Making the System Work, by Barbara Coyne Cutler, 1995. A guide for parents, advocates, students and educators.

Books for Children and Young Adults

ABC FOR YOU AND ME by Meg Girnis, 2000. Children's alphabet book, featuring children with Down Syndrome. Cute pictures.

AN EASY GUIDE TO LOVING CAREFULLY by Lyn McKee, Winifred Kempton & Lynne Stiggall, 1987. A book about women's and men's bodies, sexual feelings, sexual health and birth control, designed for those with limited reading skills.

BE GOOD TO EDDIE LEE, by Virginia Fleming, 1997. A story about 2 children who think Eddie Lee, who has DS, is a nuisance but come to appreciate his understanding of nature. A sweet story of friendship and growing up.

BIG BROTHER DUSTIN, by Alden R. Carter, 1997. A children's story/ picture book about Dustin, who has DS, and the arrival of his baby sister.

CHRIS...OUR BROTHER, by Siegfried, Jr, Pamela & Jeanette Pueschel. A booklet with pictures and easy text of Chris' early years.

FRIENDS AT SCHOOL, by Rochelle Bunnett, 1995. Inclusion from a child's perspective.

HOW SMUDGE CAME, by Nan Gregory, 1995. A picture book about Cindy, who has DS, and the puppy she adopts, her new best friend.

I CAN, CAN YOU?, by Marjorie W. Pitzer, 2004. A delightful board book full of babies and toddlers with Down syndrome exploring their world.

LOVING TOUCHES: A Book for Children About Positive, Caring Kinds of Touching, by Lory Freeman & Carol Deach, 1986. Simple, easy-to-read book for children about appropriate touching.

MY FRIEND ISABELLE: by Eliza Woloson, illustrated by Bryan Gough, 2003. A charming, beautifully illustrated tale of friendship between Charlie and Isabelle, who has Down syndrome.

MY SISTER ANNIE, by Bill Dodds, 1993. A story about a brother and his sister who has DS.

1 2 3 FOR YOU AND ME, by Meg Gurnis, 2001. Children's counting book, featuring children with Down Syndrome. Cute pictures.

OUR BROTHER HAS DOWN'S SYNDROME: An Introduction for Children, by Shelley Cairo, 1995. Easy to read book with lots of pictures.

RUSS AND THE ALMOST PERFECT DAY, by Janet Elizabeth Rickert, 2001. This book follows Russ, a boy who has DS, on one of his adventures. Children ages 3-7.

RUSS AND THE APPLE TREE SURPRISE, by Janet Elizabeth Rickert, 1999. Russ discovers just how much fun apples trees can be, and learns some valuable lessons.

RUSS AND THE FIREHOUSE, by Janet Elizabeth Rickert, 1999. Russ, a five-year old boy with DS, tags along with his uncle Jerry, a firefighter, during a day at the firehouse.

THE MAN WHO LOVED CLOWNS, by June Rae Wood, 1995. A book for older children and adults about Delrita's uncle, a fictional character with DS.

THUMBS UP RICO!, by Maria Testa, 1994. A children's book about a boy with DS, written in three short stories as told by Rico. (2 copies)

WE'LL PAINT THE OCTOPUS RED, by Stephanie Stuve- Bodeen, 1998. A children's book about a girl who has dreams for her new baby brother or sister. When the baby is born, she learns that her new brother has DS.

Libros en Espanol

BEBES CON SINDROME DE DOWN: Guia Para Padres, edited by Karen Stray-Gundersen, 1997.

COORDINACION DE SERVICIOS CENTRADA EN LA FAMILIA: Manual Para Los Padres, by I N Zipper, C. Hinton, M. Weil & K. Rounds

SINDROME DE DOWN- HACIA UN FUTURO MEJOR: Guia Para Los Padres, by Siegfried Pueschel, 1991.

SINDROME DE DOWN- PROBLEMATICA BIOMEDICA, by Siegfried & Jeanette Pueschel, 1994.

DVD LIBRARY

DOWN SYNDROME: THE FIRST 18 MONTHS

This DVD provides new parents with hope for the future and essential knowledge about their child with Down syndrome. It offers inspiring stories from parents and practical information and advice from the leading Down syndrome experts. Will Schermerhorn, 2004, 108 min.

- Professor Sue Buckley, Research Director, The Down Syndrome Education Trust
- Dr. George Capone, Director, Down Syndrome Clinic, Kennedy Krieger Institute
- Dr. William Cohen, Director, Down Syndrome Center of Western Pennsylvania
- Dr. Allen Crocker, Program Director, Institute for Community Inclusion, Children's Hospital, Boston
- Sara Rosenfeld Johnson, Author, "Oral-Motor Exercises for Speech Clarity"
- Dr. Libby Kumin, Author, "Early Language Skills for Children with Down Syndrome"
- Joan E. Guthrie Medlen, Author, "The Down Syndrome Nutrition Handbook"
- Dr. Sally Shott, Pediatric Otolaryngologist, Children's Hospital Medical Center, Cincinnati
- Patricia Winders, Author, "Gross Motor Skills in Children with Down Syndrome"

LOVE AND LEARNING Kits 1 & 2 (see Love & Learning List); Introduction

SHORTY

Shorty is an inspirational documentary film about Walter “Shorty” Simms, a 55-year old man with Down syndrome, and the Hampden-Sydney Tiger football team’s #1 fan. Shorty has lived and worked on the campus for nearly 30 years and serves as the team’s equipment manager. He has touched the lives of generations of students and inspired an entire community. Michael Furno/ Daniel F. Doyle, 2003, 86 min.

TRISOMY 21 RESEARCH FOUNDATION CONFERENCE

In September 2003, a panel of researchers convened in New Orleans, Louisiana to present their most recent work in Down syndrome. This conference is presented on a set of 6 menuized DVDs providing access to any speaker.

- S. Jill James, Ph.D.: *Abnormal Folate Metabolism and Down Syndrome: Maternal Risk and Fetal Survival*
- Vincent L. Wilson, Ph.D., *What’s Wrong with the Wild Type MTHFR Allele?*
- David Swenson, Ph.D.: *Cystathionine Beta-Synthase– More than Folate Trapping?*
- W. James Croom, Jr, Ph.D., FACN : *The Quest for a Metabolic and Physiological Rationale for Nutrient Supplementation in Down Syndrome*
- Matthias J. Gelb, M.D.: *Targeted Nutritional Intervention (TNI) and Physical Exercise*
- Lawrence Leichtman, M.D., Ph.D.: *A 2-Year Cohort Study of Nutrivene-D in Children with Down Syndrome*
- Nagwa Meguid, Ph.D.: *Experience of the Egyptian National Research Center on Children with DS*
- George T. Capone, M.D.: *Evidence for Increased Mitochondrial Superoxide Production in Down Syndrome*
- Hans F. Lessman, O.D., FCOVD: *Visual Enhancement for People with Down Syndrome*
- Janet Mora, M.A., CCC-SLP: *The Sensory Integration Connection*
- Renee Roy Hill, M.S., CCC-SLP: *Oral-Motor Myths of Down Syndrome*
- Steven Fowkes, B.A : *Smart Drugs: Piracetam and More*
- Susan Ducote, PT, PCS: *Practical Strategies to Enhance Motor Development and Prevent Further Impairment or Limitations*

VIDEO LIBRARY

A CELEBRATION OF COMMUNITY- 2001 NDSS TIMES SQUARE VIDEO (2 copies)

Developed by NDSS for the Buddy Walk in NY to promote acceptance and inclusion of people with DS. Snapshots set to music. Includes Anchorage’s Dave Moss and Bryan Knight (“Celebrate Sports”). 10 min.

A PROMISING FUTURE TOGETHER; NEW PARENT VIDEO

A NDSS video geared toward new and expectant parents; an overview of what to expect as they begin their new journey. Covers medical, social and educational issues and features families, educators, health care professionals and others. Includes brochure. 1998. 45 min.

A WORLD OF OPPORTUNITIES

Pictures of children with DS from all over the world, all ages, no words. 6 min.

AND THEN CAME JOHN; THE STORY OF JOHN MCGOUGH

This video chronicles the triumphant life story of John McGough- from his birth with Down syndrome thirty years ago- through societal rejection and prejudice in urban America- to his rebirth as an artist, musician and much loved personality in the warm and accepting cocoon of a small community on the Northern California coast. 36 min.

BITTERSWEET WALTZ

A mother’s film of her son in “Full Inclusion”. “How-to” in the elementary school with examples of curriculum adaptations and “pre-teachong” methods. An example of how to be successful. 17 min.

CREATING A VISION FOR THE FUTURE

“Families, Friends, Students, Supports & Teachers Share Their Experiences With Personal Futures Planning”
A video from the Dream-Based Education Alliance, that gives an introduction to the personal futures planning process, a positive, inclusive approach that builds on the strengths and dreams of the individual. 1996, 14 min.

DOWN SYNDROME AND THE HEALTH CARE PROFESSIONAL

A NDSS video geared toward health care professionals; includes how to diagnose and care for a baby with DS, communicating the diagnosis to parents, recognizing and overcoming stereotypes and providing the highest level of care to patients with DS and their families. Includes brochure and resource list. 2000. 25 min.

DOWN SYNDROME; SEE THE POTENTIAL

An overall look at DS from a parent group of Charlotte, NC Chapter. 7 min.

EARLY USE OF TOTAL COMMUNICATION

Parents’ perspectives on using sign language with young children with DS. 1991, 22 min.

EDUCATING PETER/ GRADUATING PETER

A television documentary about inclusion for one child, an example of the “dump and hope” method of inclusion. 1992.

EMMA’S GIFTS- A STORY OF LOVE, HOPE AND POSSIBILITY

A heartwarming and motivational film about Emma, an amazing little girl with Down syndrome and her family. A great resource for parents and educators who seek information about early intervention and building an inclusive classroom setting. 2003, 46 min.

EMPLOYABILITY

Integrating people with developmental disabilities into the workplace, comes with a short pamphlet. 1993, 20 min.

GIFTS OF LOVE

Four families with children of different ages tell how they felt when their child with DS was born and how they feel now. 25 min.

HELLO MY FRIENDS; KIDS BELONG TOGETHER

Inclusion video with MAP in action. 48 min.

HELP YOUR CHILD LEARN

A family forum on developmental disabilities, what parents can do.

I AM DEKEL

A young Israeli man with DS and his family speaks about his life and feelings, 23 min.

IMAGINE THE POSSIBILITIES- NAVIGATING THE ENGLISH CHANNEL AND LIFE’S OTHER CURRENTS

A Karen Gaffney Foundation video that documents Team Gaffney’s relay swim across the English Channel, an amazing story of teamwork and community inclusion. 2001, 15 min.

INCLUDE US

Children of different backgrounds, ages and abilities can enjoy a more fun-filled life as they are included in school and play; comes with an educator’s guide and song sheet. 1996, 33 min.

INCLUSION: Bernardsville Beginnings

IT’S OK TO BE DIFFERENT; Ups and Downs Calgary Down Syndrome Association

JOURNEY OF A LIFETIME....BEGINNING WITH THE END IN MIND (2 copies)

A Karen Gaffney Foundation video geared towards new parents, emphasizing the importance of starting early to help build the opportunities for their child to reach his or her highest potential. Includes interviews and discussion with three professionals. 1998, 63 min.

LOOK BEYOND THE MYTHS (2 copies)

Alaska Chapter NDSC, looks at some of the myths about DS, featuring Alaska kids, 12 min.

LOST DREAMS AND GROWTH

Dr. Ken Moses, an expert in grief counseling, talks about having a disabled child and the growth that occurs; offers humor and insight. 1988, 72 min.

MAKING CONNECTIONS

A humorous look at dating by and for persons with disabilities, drawn from their life experiences, 1995, 31 min.

OPENING THE DOORS OF TOMORROW....TODAY

A Karen Gaffney Foundation video geared toward educators and paraprofessionals that focuses on the keys to successful inclusion from the student's point of view. Karen gives concrete examples of how teachers successfully supported her in mainstream education. 2001, 23 min.

OPPORTUNITIES TO GROW

Looks at the education, living and career possibilities of children with DS; includes Chris Burke, Jason Kingsley and Amanda Freeman. 25 min.

ROOTS & WINGS

A look at the multidimensional lives of teens with developmental disabilities as they deal with adolescence. 1995, 35 min.

SEAN'S STORY/ PIRACETAM/CHRIS BURKE TV INTERVIEW

Television documentary about 2 close friends, one who chose inclusion, the other not. 1994, 60 min.
Piracetam- 48 Hours documentary, 1997. Burke interview- a town meeting.

SELF ADVOCATES BECOMING EMPOWERED

20 min.

SPECIAL DADS, SPECIAL KIDS

Features fathers of children with disabilities; designed to assist professionals and parents. Comes with a discussion guide. 1989, 24 min.

SKIN DEEP

A Discovery Channel program on the controversial use of cosmetic surgery to change the physical appearance of a three-year old boy with Down syndrome. Aired in 1999, 60 min.

TALKING HANDS

A sign language video for children, teaching young children more than 30 common words using signs based on American Sign Language (ASL) and Signing Exact English (SEE). 45 min.

TARGETED NUTRITIONAL INTERVENTION

Dr. Lawrence Leichtman, M.D., guest speaker at the DSAGR Meeting May 1998, discusses TNI; history and rationale. 1 hr, 46 min.

THANKS MOM & DAD: PROFILES OF PATRICK

The story of Patrick Evezich, a young man with Down Syndrome (born in 1968), from pre-school through high school graduation. This story of a nurturing home, early intervention and challenging educational opportunities is told through video footage, photos and interviews with Patrick and his parents. 32 min.

THE FACE OF INCLUSION- A PARENTS PERSPECTIVE

The Vargo family speak out on inclusion for their daughter who has Rett Syndrome. 1995, 68 min.

THE UP SIDE OF DOWNS...A LOVE STORY

The story of Layne and Shauna Johnson, both adults with Down syndrome, who overcome limitations to become outstanding citizens. Married and living independently (Layne even has his driver's license!) this is a testament to family and community support. 1998.

THERE'S ALWAYS BELINDA (2 copies)

Friends of a 14 year old girl with DS in middle school speak out.

LOVE AND LEARNING

Love and Learning is an innovative technique for teaching language and reading skills to infants and toddlers (or older, nonverbal children). Developed by Joe and Susan Kotlinski for their own daughter with Down syndrome, the technique combines the use of special audio tapes, video tapes/ DVD's and books with an easily achievable amount of parental involvement.

LEARNING KITS (each kit includes an audio tape, video tape or DVD and books)

Learning Kit #1 Alphabet and Vocalization (available on video or DVD)

In this kit the sounds of the alphabet are used to help a child develop and improve vocalization skills. In addition, each letter is associated with a word which is broken down phonetically into smaller, more manageable units. This helps facilitate proper pronunciation and word formation as language skills develop.

Learning Kit #2 50 FUN-damental Words (available on video or DVD)

This kit focuses on common words that a child learns early in his/ her language development– parts of the body, articles of clothing, familiar objects and animals. The audio tape introduces simple sentences using 50 words that are immediately useful to the child.

Learning Kit #3 FUN-damentals and More (available on video)

Continues the development of basic vocabulary with the names of familiar objects/ people. Also introduces shapes, numbers 1– 10 and the upper case alphabet.

Learning Kit #4 Words, Words and More (available on video)

Teaches over 100 words and 200 phonetic syllables. Twelve model sentences are also taught. Spelling skills are introduced and some words are shown drawn by a pencil to facilitate printing skills.

Learning Kit #5 Developing Conversational Skills and Vocabulary (available on video)

Assists in the development of good conversational skills, helping the child take a step toward meaningful social interaction. Taught in this kit are 19 sentences, 125 vocabulary words, 250 phonetic components, numbers 1– 20 and the months and seasons of the year.

Learning Kit #6 Advanced Conversational Skills (available on video)

Continues to develop conversational skills through 50 model sentences. In addition, 150 vocabulary words and 300 phonetic components are taught, as well as the number sequences and coin/ money values.

Learning Kit #7 Amazing Words (available on video)

Presents over 100 unusual and challenging words that help a child move from basic to a more expressive vocabulary. This kit is ideal for the child who has enjoyed the first six kits.

Also available: Love and Learning Introduction on both video and DVD

AUDIO TAPE LIBRARY

2000 NATIONAL DOWN SYNDROME SOCIETY CONFERENCE (WASHINGTON, DC)

The Goal and Opportunity of Physical Therapy- Patricia Winders
Promoting Health & Well-Being in Adults with Down Syndrome- Brian Chicoine & Dennis McGuire
Alternatives Therapies Overview- Carl Cooley
The Possible Futures of Education- Richard Villa (2 tapes)
A Family Path Towards Transition to Independent Life- Marisa Brown & Alan Goldberg

1998 NATIONAL DOWN SYNDROME SOCIETY CONFERENCE (DELAVAN, WI)

Keynote: Learning to See- Michael Berube
Food, Feeding & Family: Promoting Independence in School Age Children & Adults- Joan Medlen
Food, Feeding & Family: Early Childhood Years- Joan Medlen
Alternative Therapies- Dr. George Capone & Dr. Bonnie Patterson
Improving Communication Skills: Research to Practice- Jon Miller & Peggy Rosin
School Talk: Language Skills for Inclusion in Elementary School- Libby Kumin
Support to Children with Developmental Disabilities & Challenging Behaviors- Paul White
You Are Not Alone: A Message for New Parents- Patricia McGill Smith

1996 NATIONAL DOWN SYNDROME SOCIETY CONFERENCE (PHOENIX, AZ)

Neurodevelopmental Issues in DS-William Cohen& Bonnie Patterson
Plenary Session: Inclusive Education is a Process, Not Just a Philosophy- Michael Remus
Plenary Session: Therapies: Current Information- Ira Lott, George Capone & Don Van Dyke
Young Adults with DS Panel Discussion- Bargmann, Burke, Kingsley, Levitz, Peterson & Todd
IDEA: Successes, Challenges & the Future- David Hoppe, Stephanie Lee, Patricia Smith & Madeleine Will
Research & Clinical Update Panel- Cohen, Epstein, Hassold, Patterson, Pueschel & Roizen
Medical & Psychosocial Life Issues for Adolescents & Adults- Brian Chicoine & Dennis McGuire
A Heroine's Story of Organ Transplantation- William Bronston
Inclusion & Supported Education- Michael Raczak
Alzheimer's Disease- Ira Lott
Behavior Modification & Positive Behavior Support- Dan Crimmins
Language & Literacy in Children & Young Adults with DS- Anne Fowler
What New Parents Need to Know: Dealing with Diagnosis- Philip & Molly Mattheis
Medical & Preventive Care: Childhood through Adulthood- William Cohen
Lifetime Planning- Richard Fee
Family Housing Alternatives- Margaret Cantey & Mary Connell
Finding the Purpose of Problem Behavior- Jane Carlson
General Health Care Issues: Infancy through Adulthood- Bonnie Patterson
The Three R's of Sexuality Education: Rights, Responsibilities & Realities- Mary Ann Carmody
Teaching Reading to Children with Down Syndrome- Patricia Logan Oelwein
Comprehensive Speech & Language Treatment- Libby Kumin
Planning the Move into Employment & Adult Life- Laura Love
Curricular Adaptations to Support Elementary Students with Disabilities in Inclusive Settings- Grenot-Scheyer
Alternative & Unconventional Therapies- Don Van Dyke & Philip Mattheis
Nutrition & Obesity; Vision & Hearing Monitoring- Nancy Roizen
NDSS Inclusion Study Results- Gloria Figer Wolpert

HOOKED ON PHONICS: Your Reading Power

Series of 4 cassettes, Power Builders; adapted for home and personal use.